

# POETS HOUSE

HOTEL & RESTAURANT

## **BREAKFAST MENU**

Monday to Friday from 0700 - 1000, Saturday and Sunday 0800 - 1000

### **CONTINENTAL BREAKFAST**

Toast - white, granary or gluten free bread with your choice of preserves  
Selection of freshly brewed tea or filter coffee (decaff is available on request)  
**Fruit Juices** - Apple Orange Cranberry  
**Fruit Compot** - 5 berries  
**Croissant & Breakfast pastries**  
**Cereals** - Cornflakes Bran Flakes Weetabix Crunchy-nut Cornflakes Musli  
Granola  
**Fruit Yoghurt**  
**Fresh Fruit**

### **FROM THE KITCHEN—SELECTION TO CHOOSE**

**TRADITIONAL FULL ENGLISH** - home cured smoked bacon, homemade sausage (gluten free,) hash brown (gluten free,) tomato, mushroom, one egg cooked to your preference - scrambled, poached or fried. **PLEASE ASK TO ADD** Black Pudding, Baked beans

**PORRIDGE** - please let us know if you prefer your porridge to be made with water or semi skimmed milk

**SCRAMBLED EGGS** - served on toasted bread

**FRENCH TOAST** - served with berries and syrup

**EGGS ROYALE** - gently poached hen's egg, smoked salmon and a creamy hollandaise sauce served on toasted bread

**EGGS BENEDICT** - honey roasted ham, gently poached hen's egg, creamy hollandaise sauce served on toasted bread

**AVOCADO** - served on toasted granary bread with vegan butter

### **VEGETARIAN BREAKFAST**

vegetarian sausage, tomato, hash brown (gluten free,) mushroom & baked beans, one egg cooked to your preference - scrambled, poached or fried

### **VEGAN BREAKFAST**

vegan sausage, tomato, hash brown, avocado, mushroom & baked beans

**SANDWICHES** - toasted or not - white, granary or gluten free bread  
home cured smoked bacon or homemade sausage, vegetarian sausage or fried egg

Please notify us in advance if you have any dietary intolerances or allergies we should be aware of.  
Due to our processes we CANNOT 100% guarantee allergen free ingredients or environment.  
We do our best to remove shot and bones from game & fish, there may however be a small  
Possibility that some remain.