

# POETS HOUSE

HOTEL & RESTAURANT

## **BREAKFAST MENU**

*Monday to Friday from 0700 - 1000, Saturday and Sunday 0800 - 1000*

### **CONTINENTAL BREAKFAST**

*Toast - white, granary or gluten free bread with your choice of preserves  
Selection of freshly brewed tea or filter coffee (decaff is available on request)*

*Fruit Juices - Apple Orange Cranberry*

*Croissant & Breakfast pastries*

*Cereals - Cornflakes Bran Flakes Weetabix Crunchy-nut Cornflakes Musli  
Granola*

*Fruit Yoghurt*

*Fresh Fruit*

### **FROM THE KITCHEN—SELECTION TO CHOOSE**

#### **TRADITIONAL FULL ENGLISH**

*Home cured smoked bacon, homemade sausage (gluten free,) hash brown (gluten free,) tomato, black pudding, mushroom & baked beans, one egg cooked to your preference - scrambled, poached or fried*

#### **PORRIDGE**

*Please let us know if you prefer your porridge to be made with water or semi skimmed milk*

**SCRAMBLED EGGS** - served on toasted bread

**EGGS ROYALE** - gently poached hen's egg, smoked salmon and a creamy hollandaise sauce, toasted bread

**EGGS BENEDICT** - Honey roasted ham, gently poached hen's egg, creamy hollandaise sauce toasted bread

**SMASHED AVOCADO** - served on toasted granary bread with vegan butter

#### **VEGETARIAN BREAKFAST**

*Vegetarian sausage, tomato, hash brown (gluten free,) mushroom & baked beans, one egg cooked to your preference - scrambled, poached or fried*

#### **VEGAN BREAKFAST**

*Vegan sausage, tomato, hash brown, avocado, mushroom & baked beans*

**SANDWICHES** - toasted or not - white, granary or gluten free bread

*Home cured smoked bacon or homemade sausage, vegetarian sausage or fried egg*

*Please notify us in advance if you have any dietary intolerances or allergies we should be aware of.  
Due to our processes we CANNOT 100% guarantee allergen free ingredients or environment.  
We do our best to remove shot and bones from game & fish, there may however be a small  
Possibility that some remain.*