

# POETS HOUSE

HOTEL & RESTAURANT

## BREAKFAST

Monday to Friday from 0700 - 1000  
Saturday and Sunday 0800 - 1000

### CONTINENTAL BREAKFAST

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Toast – white, granary or gluten free bread with your choice of preserves  
Selection of freshly brewed tea or filter coffee (decaff is available on request)

**Fruit Juices** – Apple Orange Cranberry

**Croissant & Breakfast pastries**

**Cereals** – Cornflakes Bran Flakes Weetabix Rice Krispies Musli Granola

**Fruit Yoghurt**

**Fresh Fruit Salad**

### FROM THE KITCHEN—SELECTION TO CHOOSE

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#### PORRIDGE

Please let us know if you prefer your porridge to be made with water or semi skimmed milk

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**Smoked salmon and scrambled eggs** – served on toasted bread

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**SANDWICHES** – toasted or not – white, granary or gluten free bread

Home cured smoked bacon or homemade sausage, vegetarian sausage or fried egg

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#### VEGETARIAN BREAKFAST

Vegetarian sausage, tomato, hash brown, mushroom & baked beans  
one egg cooked to your preference – scrambled, poached or fried

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#### TRADITIONAL FULL ENGLISH

Home cured smoked bacon, homemade sausage, tomato, black pudding, mushroom & baked beans  
One egg cooked to your preference – scrambled, poached or fried

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#### VEGAN BREAKFAST

Vegan sausage, tomato, hash brown, avocado, mushroom & baked beans

*Please notify us in advance if you have any dietary intolerances or allergies we should be aware of.  
Due to our processes we CANNOT 100% guarantee allergen free ingredients or environment.  
We do our best to remove shot and bones from game & fish, there may however be a small  
possibility that some remain.*